

April

Lunch Gluten-Free

Monday	Tuesday	Wednesday	Thursday	Friday
3 Turkey Tetrazzini w/ GF Pasta (GF)	4 Chicken & Sweet Potato Fritter (GF)	5 Chicken Guisado (GF)	6 Cheeseburger w/ GF Bread (GF)	7 Grilled Cheese on GF Bread (GF & VEG)
10 Lemon Pepper Chicken & Rice (GF)	11 Turkey Chili w/ GF Bread (GF)	12 Chicken Quesadilla (GF)	13 Baked Mostaccioli w/ Beef & GF Pasta (GF)	14 BBQ Chicken Sandwich on GF Bread (GF)
17 Mac & Cheese w/ GF Pasta (GF & VEG)	18 Lentil & Chickpea Balls w/ Mashed Potatoes (GF, VEG, & V)	19 Chicken Stir-Fry (GF)	20 Mexican Lasagna w/ Beef (GF)	21 Chicken Tenders (GF)
24 Chicken Alfredo w/ GF Pasta (GF)	25 Bean & Cheese Quesadilla (GF & VEG)	26 Chicken Curry w/ Rice (GF)	27 Sloppy Joes w/ Beef on GF Bread (GF)	28 Vegetable Beef Soup (GF)

All lunches are served with fresh fruit and vegetables.

GF = Gluten-Free

VEG = Vegetarian

DF = Dairy-Free

V = Vegan

