

April

Lunch Vegetarian

Monday	Tuesday	Wednesday	Thursday	Friday
3 Black Bean Tetrazzini (VEG & V)	4 Chickpea & Sweet Potato Fritter (VEG & V)	5 Tofu Guisado (GF, V, & VEG)	6 Black Bean Burger (VEG & V)	7 Grilled Cheese (VEG)
10 Lemon Pepper Tofu & Rice (GF, VEG, & V)	11 Vegetable & Bean Chili w/ Oyster Crackers (VEG & V)	12 Vegetable Quesadilla (VEG)	13 Baked Mostaccioli w/ Chickpeas (VEG & V)	14 BBQ Tofu & Vegetable Sandwich (VEG & V)
17 Mac & Cheese (VEG)	18 Lentil & Chickpea Balls w/ Mashed Potatoes (GF, VEG, & V)	19 Vegetable & Tofu Stir-Fry (GF, VEG & V)	20 Mexican Lasagna w/ Chickpeas & Vegetables (GF & VEG)	21 Chickpea & Polenta Vegetable Nuggets (GF, VEG, & V)
24 Pasta w/ Beans & Vegetables (VEG & V)	25 Cheese Pizza (VEG)	26 Curry Tofu & Rice (GF, VEG, & V)	27 Sloppy Joes w/ Vegetables & Chickpeas (VEG & V)	28 Creamy Tomato Soup w/ Beans (VEG)

All lunches are served with fresh fruit and vegetables.

GF = Gluten-Free

VEG = Vegetarian

DF = Dairy-Free

V = Vegan

